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Shop at a farmer's market

Pick your own produce

Eat ice cream at a dairy farm

Pick a Maryland crab

Eat a piece of Maryland corn

Eat a Maryland watermelon

Eat a Maryland peach

Slurp a Maryland oyster

Eat blue catfish

Enjoy a bouquet of Maryland flowers

Make a MD-sourced charcuterie board

Make a dinner utilizing only Maryland ingredients

Use Maryland honey

Buy a plant grown in Maryland

Stop at a farm stand

Visit a farm

Eat something local for every meal for one day

Try something new at the farmers market

Eat out at a farm-to-table restaurant

Drink a local beer

Drink a Maryland wine

Attend an on-farm event

Drink a Maryland glass of milk

Eat a Maryland egg

Eat a Maryland crab cake